

ARE YOU A PARENT OF A CHILD OR TEENAGER?



Please help us improve programs that will assist Victorian parents and carers in supporting their child's mental health.

WHAT IS THE RESEARCH ABOUT?

You are invited to participate in research led by Associate Professor Marie Yap at Monash University. The research aims to understand what parents want in online parenting programs for youth mental health, so that we can develop programs that parents want to use and find helpful.

WHAT IS INVOLVED?

You will be asked to participate in a **one-on-one interview** where you will be asked some questions about what would make you more or less likely to use an online parenting program.

The interview will take around **45-60 minutes** and will be held in a private room at a community location near you, such as a library or school. Phone interviews can also be arranged if preferred.

All your responses will be kept confidential and you will not be identifiable in any reports or publications. To say thank you for your time you will be reimbursed with a **\$20 gift voucher**.

WHO CAN PARTICIPATE?

Parents or carers of a child aged 0-18 who:

- live in Victoria
- are 18 years or older
- can have a conversation in English
- have a taxable family income less than \$80,000

HOW TO FIND OUT MORE?

To find out more, or register to participate, please email Grace Broomfield at med-PEP@monash.edu or call **(03) 9902 0040**.



MONASH University